

# Am Etal in Takto: Ta Ko Kwaikuj Jela

Kabok takto im jikin am takto emaroñ in lap kitien jermal e. Pepa in enaj jibañ eok kin wawein:

1. Kabbok am taktō
2. Kōmman am appointment
3. Lolorjake ien takto ko am

## Takto ta eo ij aikuij jibadōk lok?



Takto ak PCP eo am ej lukkun in takto eo am. Kwōj aikuj in etal ibben mokta. Takto ak PCP eo am emaroñ:

1. Jibañ eok lale ejmour eo am im kōmman e juon am pepe ak laajrak in kejbarok ejmour.
2. Takto ki eok ikijjien nañinmej ko ekadu kitier (einwōt mejiin) im kinej ak joreen drikdrik ko
3. Takto ki eok ikijjien naninmej ko aetok kitier einwōt tōñal ak high blood
4. Lelok kwe nan specialist. Specialist ej juōn takto eo im e tijemlok ilo kajojo lale baat in enbwin ak naninmej ko rejenolok.
5. Jiban bwe en drik wōnen am takto

## Ewi wawein aō bukōt ak kelet juōn aō taktō?



Bukōt laajrak in taktō ro im rej bed umin injuren eo am. Nan bukōt laajrak in:

- Kūrlok ak kajjitōk ibben rijerbal ro an Opiij eo an Human Resource
- Call e numba ak lale website eo emōj kwalok ilo likin card in injuren eo am (lale side eo juōn ilo pepa in)



Kajjitōk ibben ro nukum, mōttam, ak ro kōj jermal ibbier kōn wōn takto ro rej takto ibbeir. Lukkun lale bwe takto eo en maroñ bok injuren eo am.

## Ewi wawein aō kōmman aō appointment?



1. Mokta jen am call e opij eo an takto eo, kwōnaj aikuji:
  - Injuren card eo am, ekoba member im/ak group numba eo am
  - Calendar ak schedule eo am
  - Melele ko ikujjeem (einwōt raan in lōtak im atreej eo am)
  - Unin am lo lok takto eo



2. Call e opij eo an takto eo am ñan am kōmman am appointment. Lolorjake am ba lok nan er:
  - Etke kwaikuj am appointment. Enaj kōmman bwe en lap ien aer karok ien am loe lok er.
  - Elaññe kwōj aikuj am ri-ukok



3. Ne ededelok an alikar ien appointment eo am, likit raan im awa eo ilo calendar eo am. Ne enaaj ilo awa in jermal, kōjjelaik boss ak supervisor eo am.

## Ta ko ij boki ñan ien takto eo aō?

### Bok ibbam men kein ilo aolep ien ien am appointment:



ID rōt en ewōr pijaam ie im card in injuren



Melele ko ikijjeem, ekoba telboon numba im atreej eo am



Laajrak in kokalle in naninmej ko ak abonono ko am ikijjen ejmour



Record ak laajrak in ejmour eo am



Aolepen uno ko nimōm(ko jen takto im ko jet)



Laajrak in kajjitōk ko kwōj kōnaan kajitikin takto eo am kaki

## Ta imaroñ kōmmene bwe en emman ien lo lok takto eo aō?



Ba ñan takto eo am ta ko kwōj aikuj bwe ren tōbrak ilo ien loe lak eo am, einwōt:

- Pepa in bar ka uno
- Jiban ikijjen kōkalle in nañinmej eo am
- Juōn am pepa jen taktō eo ilo am jako jen jikin jermal



Kajjitōk ne kwōjjab melele juōn men. Aurok bwe kwōn driwōj lok jen oppij eo an takto eo ilo am melele ta ko kwaikuj kōmmeni bwe kwōn ejmour.



Mokta jen am jeblaak, repeat ak bar aliji ñan takto eo am ta ko komlele ikijjen:

- Etan nañinmej eo am
- Wawein jibañ kōkmanmanlok lok
- Naat kwōnaaj bar rool im lo lak takto eo

## Wōn imaroñ kūrlok ne ewōr aō kajjitok?

Ne ewōr am kajjitōk ikijjen wawein am bukot juōn am takto, kwomaroñ kūrlok Department eo an Tyson Human Resources ak company in injuren eo am (lale ijin lal)

<b>1</b>	<b>Insurance Company</b>		<b>4</b>
<b>2</b>	Member Name <b>John Smith</b>	Group # <b>555555</b>	
	Member ID # <b>00000000</b>		<b>5</b>
<b>3</b>	RxBIN XXXXXXXX RxPCN XXX	PCP Copay \$ Specialty Copay \$\$ ER Copay \$\$\$	
			<b>6</b>
			<b>7</b>
			<b>8</b>

**1. Insurance carrier** – company eo ej lolorjake injuren eo am

**2. Member name and ID** – men ko kwoj lelok nan kalikar injuren eo am

**3. Prescription benefit codes** – kalikar lok ñan jikin ka-uno ko ewi joñan wōnen uno ko

**4. Group #** - kalikar plan ta eo kwōj bed ie

**5. Copay information** – kalikar joñan eo kwōnaj aikuj make kolla ki ilo ien am takto

**6. Phone numbers for members / Talboon numba ñan an armej kajjitōk** kin benefit im takto ro im rej bed umin injuren ko aer

**7. Phone numbers for providers / Talboon numba nan an takto ro** kajjitōk ikijjen benefit ak jiban ko, im bill ko ak wawein kōlla ko

**8. Insurance website / Website** eo an injuren eo